

Frequency Modulated OFDM (FM-OFDM): A Novel Waveform for Wireless Communication in Highly Doubly-Dispersive Channels

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- ◆ ***Javier Lorca Hernando*** is doing research on signal processing topics for B5G & 6G at UC3M with Ana García Armada's group.
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- ◆ His research interests include, but are not limited to:
 - ❖ Integrated sensing and communications.
 - ❖ Waveforms.
 - ❖ MIMO & RIS.
 - ❖ THz and Sub-THz communications.
 - ❖ Near-field.
 - ❖ Advanced channel estimation and equalization.

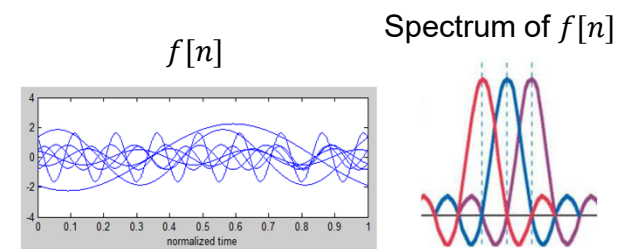
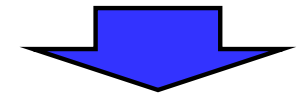
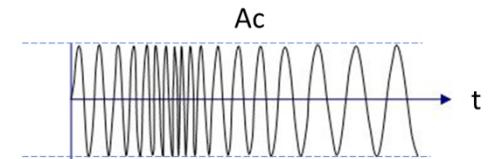
What is an FM-OFDM waveform?

- **Constant-envelope waveform whose instantaneous frequency is an OFDM signal carrying the information [1].**

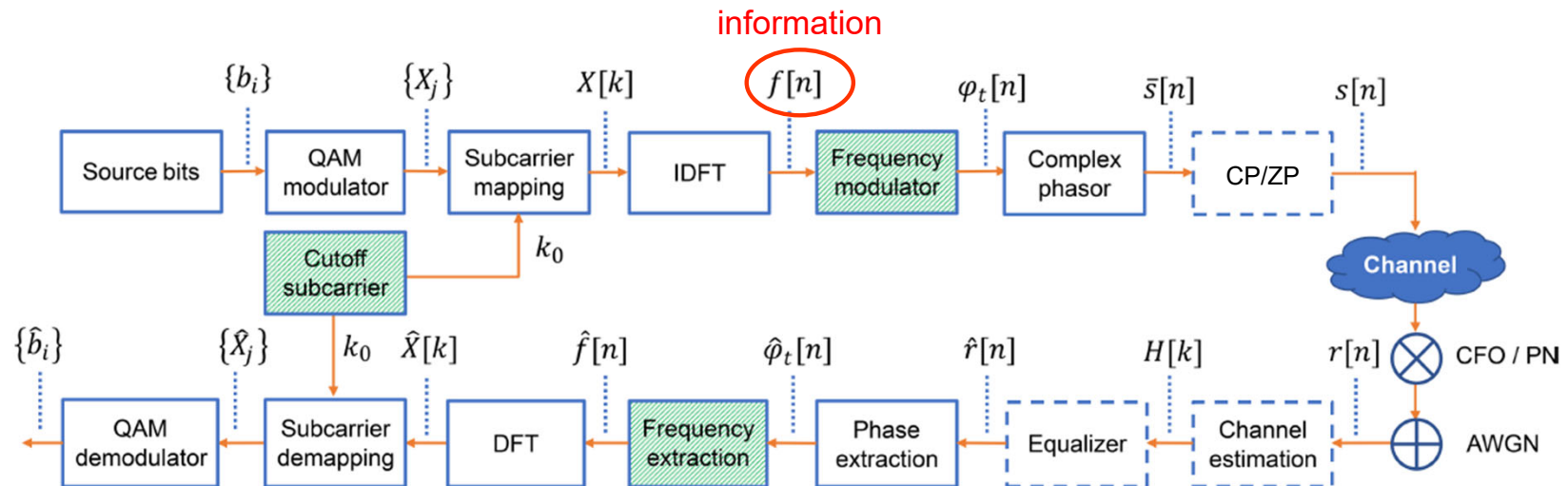
modulation index

$$f[n] = m \frac{1}{\sqrt{N_a}} \sum_{k=0}^{N-1} X[k] e^{\frac{j2\pi kn}{N}} \quad \Rightarrow \quad \varphi_t[n] = \varphi_0 + 2\pi \sum_{n'=0}^n f[n']$$

- Information is mapped on the subcarriers in the spectrum of the instantaneous frequency $f[n]$.
- A parameter k_0 is introduced called the cutoff subcarrier such that *information is mapped above it in the instantaneous frequency spectrum*.
- This is done to limit the impact of Doppler, phase noise (PN), and carrier frequency offset (CFO) impairments on the information-bearing subcarriers.



FM-OFDM waveform generation



- Shaded blocks are additional to CP-OFDM processing blocks.
- Dashed blocks are not required in AWGN or flat-fading conditions.
- ZP (Zero Padding) is more convenient in doubly-dispersive channels, whereas CP (Cyclic Prefix) can be valid at moderate Doppler/PN regimes.

Rationale for frequency modulation with an OFDM signal

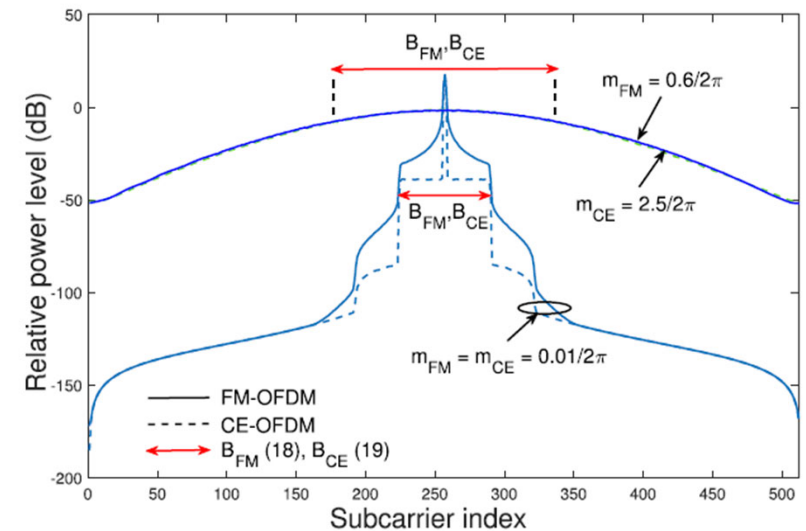
- ◆ *Phase/frequency impairments are additive in the instantaneous frequency. No ICI appears as a result.*
- ◆ *Encoding the information in the phase differences (rather than in the phases, like in CE-OFDM [2]) brings added robustness to phase/frequency impairments.*
 - ❖ Frequency tends to exhibit much slower variations than phase.
 - ❖ Both Doppler and PN concentrate their effects on the lower subcarriers of the instantaneous frequency (CFO has no contents beyond DC!).
- ◆ **Modulating with an OFDM signal allows further control:**
 - ❖ Information can be mapped on subcarriers above $k_0 \gtrsim \left\lceil \frac{\max(f_D, W_{PN})}{SCS} \right\rceil$.

◆ RMS Bandwidth:

- ❖ $B_{rms} \simeq 2 \left(m f_s + \frac{N_a}{2T_s} \right)$ (Carson's rule).
- ❖ N_a : no. active subcarriers; T_s : symbol period; f_s : sampling frequency.
- ❖ *Similar to CE-OFDM, but with slightly different modulation indexes.*

◆ Spectral efficiency: $\epsilon = \frac{N_a K_{QAM}}{4T_s \left(m f_s + \frac{N_a}{2T_s} \right)}$

- ❖ At very low m , $\epsilon \rightarrow \frac{K_{QAM}}{2}$ from the hermiticity of the instantaneous frequency spectrum: only half of the subcarriers bear information.
- ✓ This can be improved by using offset modulation techniques [8] or subcarrier-dependent power allocation schemes [9].



SNR in AWGN conditions with no channel/PN impairments

◆ SNR of the k -th subcarrier:

$$SNR_k^{FM} = \frac{2\pi^2 m^2 N}{N_a \mathbb{E} \left\{ \arctan^2 w'[n] \right\} \underbrace{\left(1 - \cos \frac{2\pi k}{N} \right)}}_{\text{Noise reduction at the lower subcarriers}}, \quad w'[n] \triangleq \frac{w_\theta[n]}{A_c + w_r[n]}$$

Noise reduction at the lower subcarriers

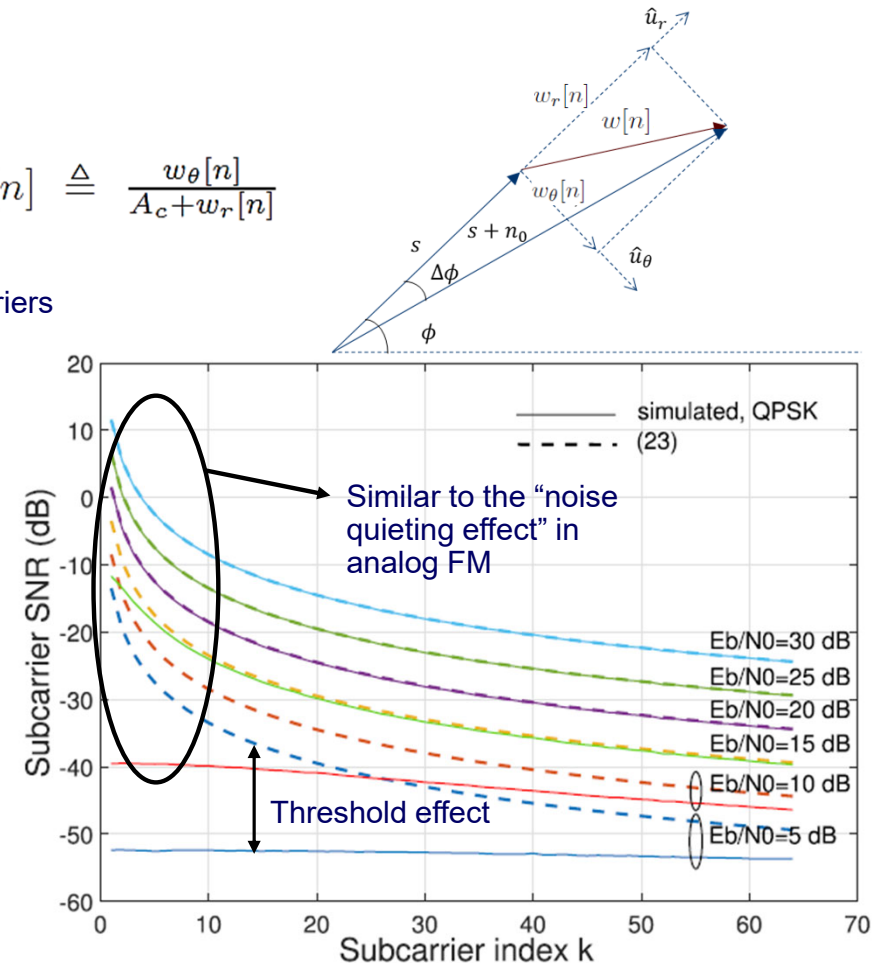
- ❖ When $SNR \geq$ threshold SNR (typically, 10 dB):

$$SNR_k^{FM} \simeq \frac{8\pi^2 m^2 N}{N_a \left(1 - \cos \frac{2\pi k}{N} \right)} SNR_{in}, \quad (23)$$

◆ Below the threshold SNR, errors can be significant when phases cross the boundaries from $\pm\pi$ to $\mp\pi$.

- ❖ Threshold extension techniques can reduce the threshold SNR below 10 dB [2,3].

◆ Phase errors also pose a limit to m as a function of the modulation order and the channel.



BER in AWGN conditions with no channel/PN impairments

◆ **Modulation index brings extra performance control at the cost of varying BW.**

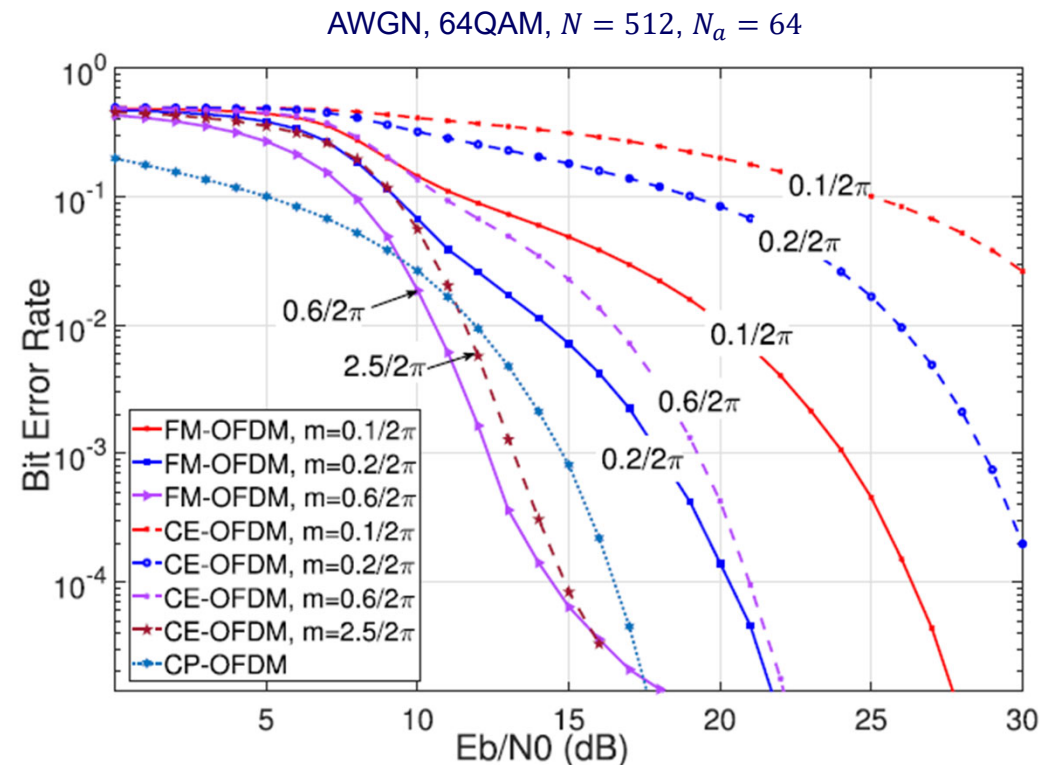
- ❖ Depends on the channel, modulation order, and no. active subcarriers.

◆ **At high m , BER outperforms CP-OFDM above the threshold.**

- ❖ Typically, 10 dB (can be reduced via threshold extension techniques [3]).

◆ **FM-OFDM and CE-OFDM are equivalent in terms of BW, performance, and spectral efficiency in AWGN.**

- ❖ max. $m_{FM} = 0$ to $\sim 0.6/2\pi$
- ❖ max. $m_{CE} = 0$ to $\sim 2.5/2\pi$



Analysis of FM-OFDM in flat-fading channels (I)

◆ Received signal (ignoring CP/ZP):

$$r[n] = b[n]\bar{s}[n] \exp j(\varphi_e[n] + \psi) + w[n],$$

- ❖ $b[n], \psi$: channel's time-varying amplitude and phase, respectively.
- ❖ $\varphi_e[n] = \varphi_D[n] + \varphi_P[n] + \varphi_C[n]$ contains the time-varying phases of Doppler, PN and CFO impairments,
- ❖ $w[n] = w_r[n] + w_\theta[n]$: circularly-symmetric Gaussian term $\sim \mathcal{CN}(0, N_0)$

◆ Taking the phase differences, assuming slow variations:

$$\frac{1}{2\pi} \nabla \arg r[n] = f[n] + \frac{1}{2\pi} \nabla (\varphi_e[n] + \Delta\varphi_t[n]), \quad \Delta\varphi_t[n] = \arctan \frac{w_\theta[n]}{A_c + w_r[n]}.$$

- ➡ *Channel state has no impact on detection. Channel estimation and equalization are no longer required to recover the signal.*
- ➡ *Impairments are additive in the instantaneous frequency domain.*

◆ **What is the spectral width W_e of the Doppler, PN, and CFO impairments when seen in the instantaneous frequency domain?**

- ❖ Combined Doppler and PN spectral width: $W_e \lesssim \max(f_D, W_{PN})$.
 - ✓ f_D : Doppler spread; W_{PN} : PN spectral width.
- ❖ CFO spectral width: 0 (only involves a DC component!).

◆ **Impairments from Doppler, PN and CFO can be confined within a spectrum region roughly bounded by:**

$$k_0 \gtrsim \left\lfloor \frac{\max(f_D, W_{PN})}{SCS} \right\rfloor.$$

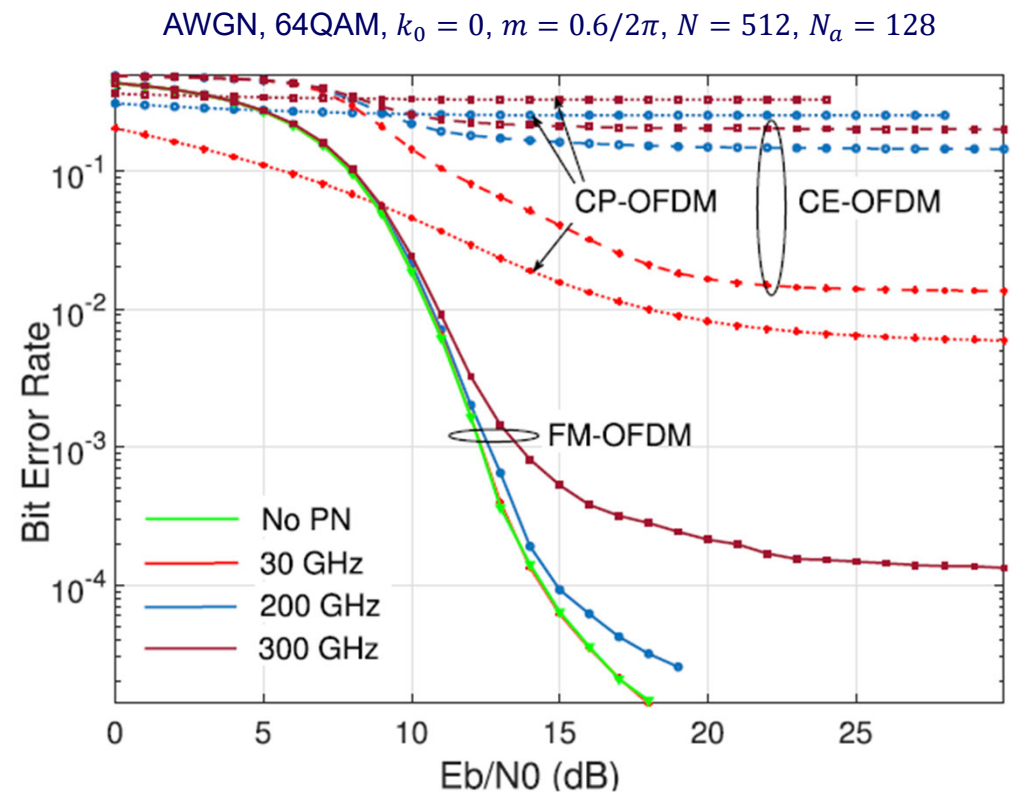
➡ Just a first estimation: the optimum k_0 should be assessed by simulation.

✓ Depends on the modulation order and BER operating point.

➡ $k_0 = 0$ in most practical *underspread* channels (where delay spread is much more relevant than doppler spread), including NTN channels (see sl. 13-14).

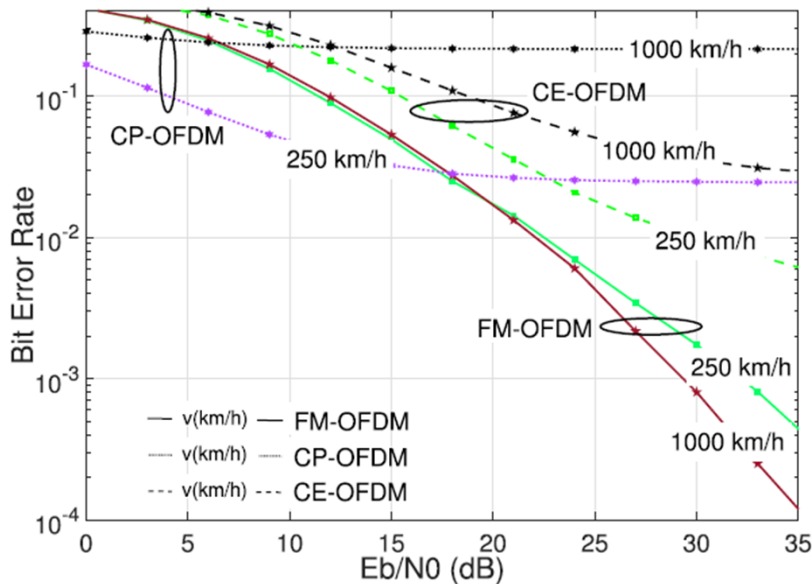
BER in AWGN conditions under PN with $k_0 = 0$

- ◆ **Plots obtained without PN compensation.**
- ◆ **No channel estimation or equalization in FM-OFDM.**
 - ❖ Much higher resilience than MMSE-detected CP/CE-OFDM above the threshold SNR.
 - ❖ Barely affected by PN up to at least 200 GHz.
- ◆ **CP-OFDM and CE-OFDM are barely usable above 30 GHz.**
 - ❖ Need to mitigate PN-induced CPE (Common Phase Error) and ICI.

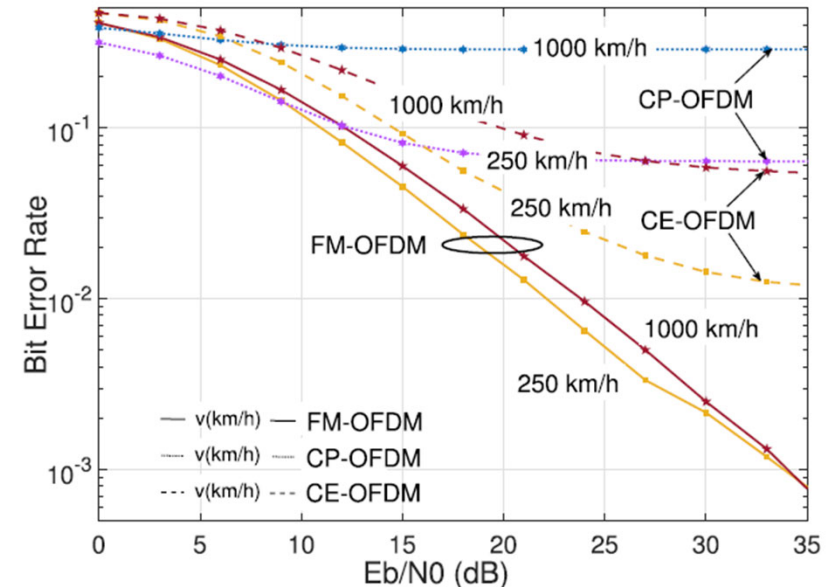


BER in flat-fading channels under high Doppler with $k_0 = 0$

Flat Rayleigh, QPSK, $k_0 = 0$, $m = 0.6/2\pi$, $N = 512$, $N_a = 128$



Flat Rayleigh, 16QAM, $k_0 = 0$, $m = 0.6/2\pi$, $N = 512$, $N_a = 128$



◆ No channel estimation or equalization needed in FM-OFDM

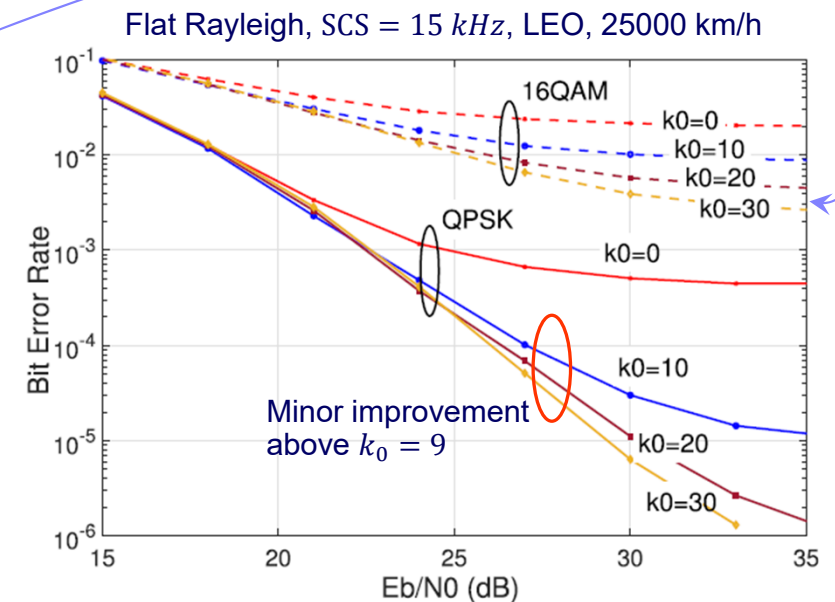
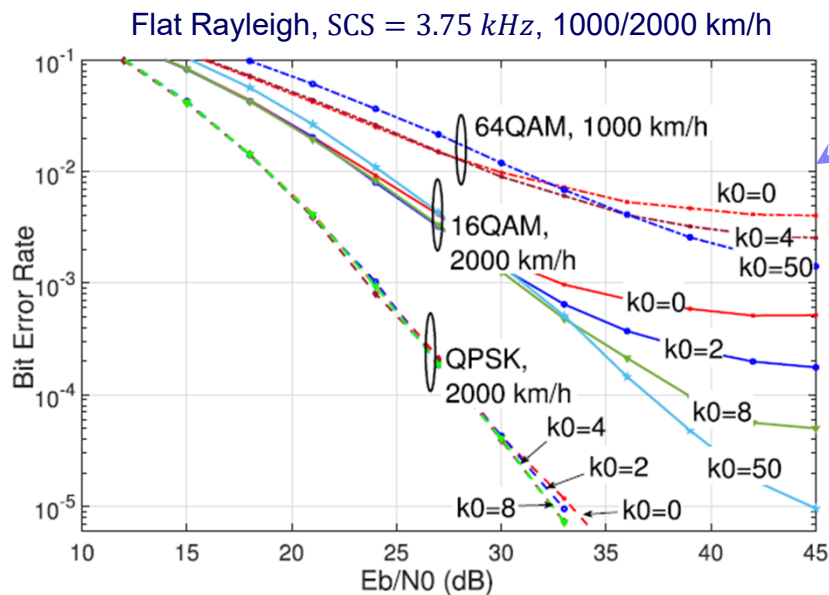
- ❖ In QPSK, mobility is even beneficial from the extra Doppler diversity:
 - ✓ Any loss from a deep fade in part of the symbol may be compensated by samples in another part of the symbol with less deep fade contributing to the same subcarrier.
- ❖ In 16QAM, degradation from 250 to 1000 km/h is lower than 2 dB.
- ❖ Further characterization of FM-OFDM in NTN channels is provided in [5].

Impact of k_0 in NTN flat-fading scenarios (I)

- ◆ Estimated k_0 is ~ 0 in most practical cases.
- ◆ Numerical results shows the need for $k_0 > 0$ only at very high speeds and/or small SCS.
 - ❖ Only at ≥ 1000 km/h, especially at LEO speeds (25000 km/h).
 - ❖ Increasing k_0 beyond the estimated value brings diminishing returns and, in some cases, degrades BER (from the $1-\cos()$ subcarrier noise, sl. 7).
- ◆ The optimum k_0 is a trade-off between Doppler/PN avoidance and SNR degradation (see next slide).

Estimated cutoff subcarrier with no PN:

f_c (GHz)	SCS (kHz)	v (km/h)	f_D (kHz)	k_0
6	15	500	2.77	0
		1000	5.55	0
		2000	11.11	0
		25000	138.88	9
6	3.75	500	2.77	0
		1000	5.55	1
		2000	11.11	2
		5000	27.77	7



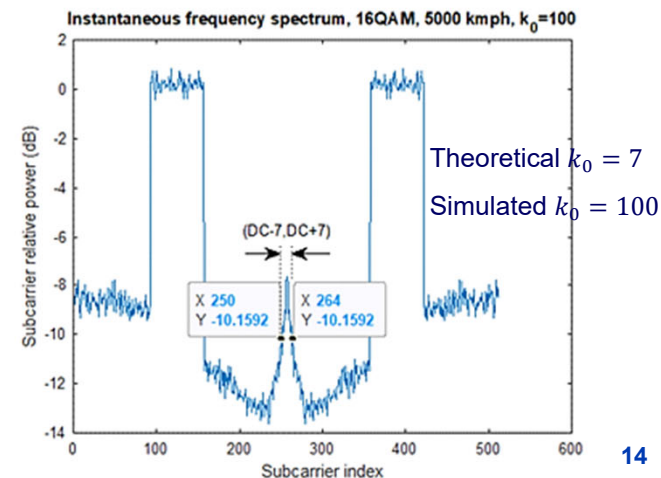
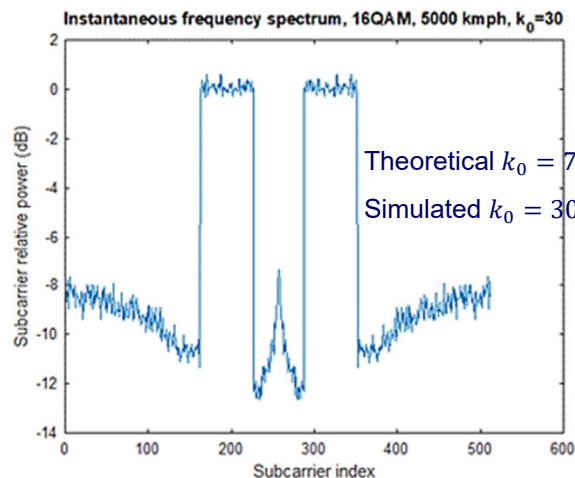
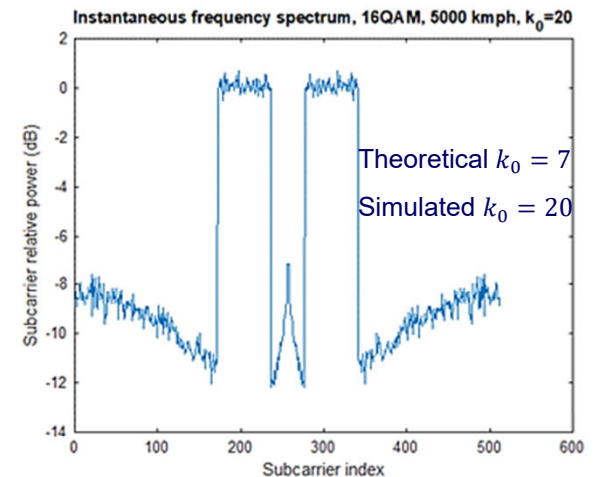
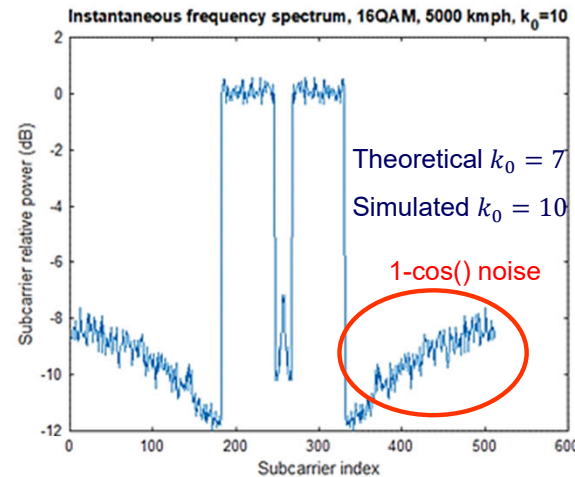
Impact of k_0 in NTN flat-fading scenarios (II)

◆ How is Doppler seen in the instantaneous frequency spectrum?

- ❖ Doppler impairments are captured in the central subcarriers.
- ❖ Increasing k_0 has a positive effect until the $1-\cos()$ noise starts to degrade SNR.

◆ Optimum k_0 should be assessed via simulation.

- ❖ The value that yields best performance depends on the modulation and the *spillover of Doppler and phase noise* over the data subcarriers.



Analysis of FM-OFDM in frequency-selective channels (I)

- ◆ Equalization is needed to overcome the channel's delay spread.
- ◆ However, it is generally not capable of perfectly aligning multipath components, and residual signal contributions remain after equalization.
- ◆ The instantaneous frequency at the output of an equalizer reads:

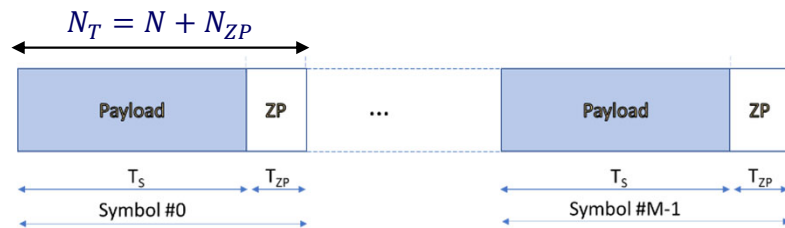
$$\frac{1}{2\pi} \nabla \arg \hat{r}[n] = f[n] + \frac{1}{2\pi} \nabla \left(\hat{\varphi}_e[n] + \hat{\psi} + \hat{\epsilon}[n] + \Delta\varphi_t[n] \right)$$

- ❖ $\hat{\psi}$: residual (constant) phase.
- ❖ $\hat{\varphi}_e[n]$: residual (time-varying) phase from Doppler, PN, and CFO.
- ❖ $\hat{\epsilon}[n] = \arg\left(\sum_{z=0}^{N-1} \hat{h}_e[n, z] \bar{s}[z]\right)$: residual signal term stemming from imperfect equalization, where $\hat{h}_e[n, z]$ is a residual impulse response.
- ◆ Since $\hat{\epsilon}[n]$ contains a convolution of the signal and a residual channel, the spectral width of the impairments obeys $W_e \geq f_D$. Then:

$$k_0 \gtrsim \left\lfloor \frac{\max(W_e, W_{PN})}{SCS} \right\rfloor.$$

- ◆ **The extent to which multipath is removed from the received signal determines performance.**
 - ❖ The more effectively the equalized signal resembles the output of a one-tap fading channel, the closer W_e will be to f_D .
 - ❖ *Equalization performance is determined by the amount of residual signal contribution whose phase variations $\hat{e}[n]$ are not absorbed by the cutoff subcarrier.*
- ◆ **The goal of the equalizer is to effectively remove delay spread from the received signal.**
 - ➡ *It must combine the time-varying multipath responses into a single tap response within the symbol but does not need to estimate Doppler components as long as they mostly remain below the cutoff subcarrier.*

Piecewise equalization with Zero-Padded waveforms (I)



$H =$

$$\begin{bmatrix}
 b_0[0] & 0 & 0 & \cdots & b_1[0] \\
 b_1[1] & \ddots & \vdots & & \vdots \\
 \vdots & \cdots & 0 & \cdots & b_{L-1}[L-2] \\
 b_{L-1}[L-1] & \cdots & 0 & \cdots & 0 \\
 0 & \ddots & b_0[N_T - L] & \cdots & \vdots \\
 \vdots & \cdots & b_1[N_T - L + 1] & \ddots & \vdots \\
 \vdots & & \vdots & & 0 \\
 0 & \cdots & b_{L-1}[N_T - 1] & \cdots & b_0[N_T - 1]
 \end{bmatrix}$$

◆ Zero-Padding brings zeros at the symbols' inputs because of the circular convolution. Thus, the L top-right coefficients in the CIR matrix can be safely set to 0 [4].

◆ The resulting CIR channel matrix $H \in \mathbb{C}^{N_T \times N_T}$ becomes *upper triangular*:

- ❖ The output signal reduces to a linear combination of $L - 1$ previous samples weighed by the channel coefficients.
- ❖ The LTV channel can therefore be locally described by a *piecewise-approximated LTI channel* whose CIR matrix $H_i \in \mathbb{C}^{N_T \times N_T}$ corresponding to the i -th interval $i\Delta \leq n \leq (i + 1)\Delta$ is circulant.

Piecewise equalization with Zero-Padded waveforms (II)

- ◆ A set of N_L piecewise channel responses are obtained that locally characterize the LTV channel at the N_L intervals:

$$h[n, z] \simeq h_i[z], \forall n \in [0, N-1] : i\Delta \leq n < (i+1)\Delta,$$

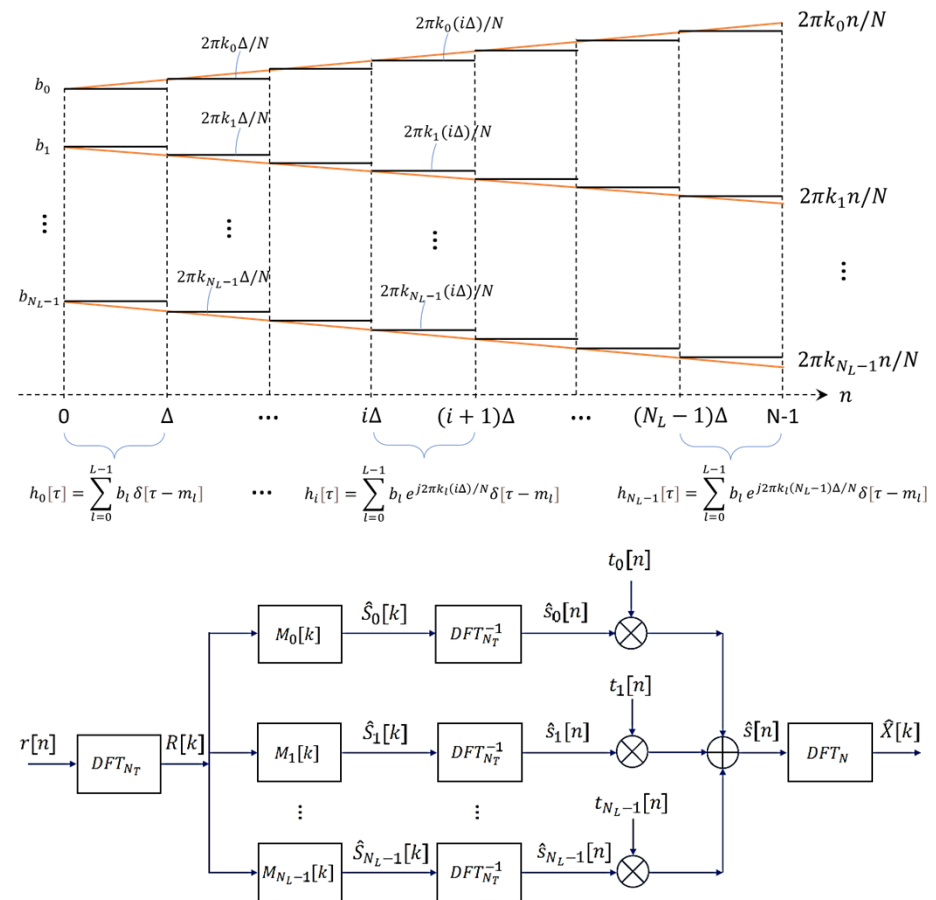
$$h_i[z] \triangleq h[(2i+1)\Delta/2, z] = \sum_{l=0}^{L-1} b_{i,l} \delta[z - z_l]$$

- ◆ This suggests a strategy based on a bank of equalizers for each i -th interval, $0 \leq i \leq N_L - 1$:

$$\mathbf{R} \simeq \mathbf{H}_i \mathbf{S}, \quad i \in [0, N_L - 1]$$

- ◆ Outputs can then be combined via window functions $t_i[n]$ (raised cosine, trapezoidal, etc.) to yield the equalized output:

$$\hat{s}[n] = \sum_{i=0}^{N_L-1} t_i[n] \text{DFT}_{N_T}^{-1} \{M_i[k] R[k]\}.$$

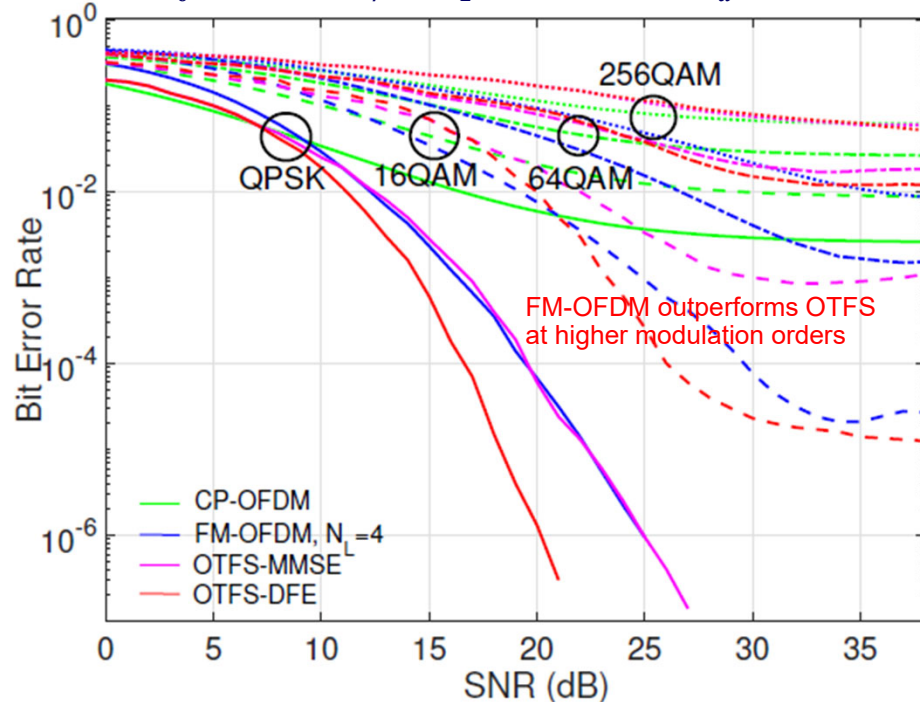


BER in highly doubly-dispersive channels w/ piecewise equalization

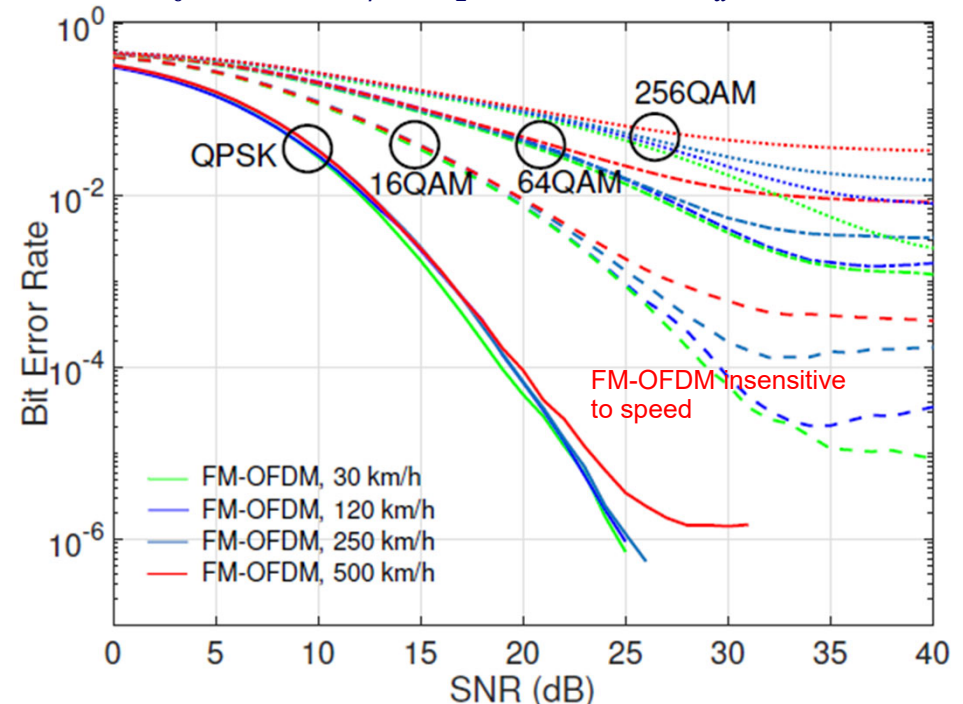
◆ Results of piecewise-equalized FM-OFDM (further elaborated in [6]):

- ❖ Uncoded BER @120 km/h: comparable to MMSE-OTFS in QPSK, superior to MMSE-OTFS in 16QAM, superior to DFE-OTFS in 64/256QAM above the threshold SNR.
- ❖ Rather insensitive to speed up to 500 km/h in QPSK and 16QAM.
- ❖ Remarkably good performance at high modulation orders (16/64/256QAM).

TDL-C, $k_0 = 0$, $m = 0.8/2\pi$, $N_L = 4$, $N = 1024$, $N_a = 600$, 120 km/h



TDL-C, $k_0 = 0$, $m = 0.8/2\pi$, $N_L = 4$, $N = 1024$, $N_a = 600$, 30-500 km/h



◆ FM-OFDM can cope with highly dispersive channels thanks to:

- ❖ Strong resilience to time-varying impairments thanks to the *differential phases* and the presence of the *cutoff subcarrier*.
- ❖ *No estimation or equalization needed in frequency-flat channels* (or Rician with a high K factor) regardless of the Doppler and PN severity.
- ❖ The equalizer only needs to compensate the time-varying multipath profile in frequency-selective channels. *No need to estimate any Doppler components*.

◆ Further lines of work:

- ❖ Channel estimation and equalization (ongoing work at UC3M [6][7]).
- ❖ Receiver structures for reduction of the threshold SNR.
- ❖ Inclusion of MIMO capabilities.
- ❖ Spectral shaping to improve spectral confinement.
- ❖ Diversity order and comparison with state-of-the-art (e.g., OTFS, AFDM).

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